



# **‘Closing the Gap’ Primary School Coaching Programme**



**Not for profit organisation with all proceeds re-invested back into  
PE and school sport in the county.**

## A holistic approach

With this in mind our unique positioning allows us to take a holistic approach with the following features;

- improving physical literacy through a multi-skill and multi-sport approach at KS1 and 2 following the recommended framework. We offer the opportunity to develop a breadth of experiences in athletic, gymnastic, aquatic and dance as well as combat, target, strike/field, net/wall, invasion and outdoor adventure activities including agility, balance & co-ordination from skill based sports specific exercises.
- supporting schools with transition and school readiness ensuring that gaps in Physical Literacy are closed. A number of our extra-curricular opportunities focus specifically on addressing this.
- Life skills through sport – from communication, confidence, social interaction and team building to mentoring and development of young people in leadership roles within PE and sport, helping to develop skills for employment and life
- contribution to whole school improvement, raising aspiration and achievement and developing confidence and self-esteem of all children through sport.
- support the transition from school to community sport developing links and exit routes with local community sports clubs and providers.
- Supporting staff development and understanding to help implement stronger sports activities and standards long term

## Staff development & a lasting legacy

The CSP is committed to developing a self-sustaining improvement in the quality of PE and school sport through professional development of PE subject leaders/coordinators and non-specialist teaching staff. We believe that 'on the job' training is a critical part of this process and one of the most important roles of our coaches working in schools is to work alongside teachers to increase their confidence, knowledge and skills. With this in mind our service builds in a mentored experience for teachers during class delivery as standard and can be extended to include elements of planning and assessment where required.

## Peace of mind

We understand that it is not always easy to be sure about the quality of support staff and that recruitment and ongoing management can take considerable time and effort. The CSP is committed to delivering a high quality experience and ensures that all coaches employed in schools meet best practice guidelines beyond the current minimum standards\* including;

- Minimum age 18\*
- Minimum UKCC Level 2 qualification or equivalent in the activities they are delivering\*
- Employers and Public liability insurance to a minimum value of £5m through Cornwall Council\*
- Cornwall Council *enhanced disclosure*
- *Reference and NGB licence checks*
- *Served a probationary period including observed practice in a school environment?*
- Are 'curriculum ready' with a full understanding of the *National Curriculum and Physical Literacy Framework, curriculum planning and assessment.*
- Trained in
  - Safeguarding & Protecting Children
  - Emergency First Aid
  - FUNdamentals of Movement, *Agility, Balance, Coordination*
  - *Multi-skills*
  - *Positive Behaviour Management in Sport*
  - *Mental Health Awareness*

## The benefits of using the CSP's Community Sports Coaching Development Programme:

- All coaches are registered on [www.getcoachingcornwall.co.uk](http://www.getcoachingcornwall.co.uk) the only quality approved online coach management system for coaches in Cornwall

The CSP can provide a highly qualified and experienced coach who can deliver all aspects of our service.

In addition to the sports coaching its self the coach can provide the following further request and agreements with the CSP:

- Registration of the children at the beginning of the morning or afternoon
- Planning and delivery of structured, progressive lesson plans
- Evaluation of lessons, including rewards and progressions of individuals
- Links to community activity to encourage lifelong participation
- Identification of any talented pupils you have to progress on the pathway and raise the profile of your school.
- Coaches are regularly assessed and this feedback available to the school
- Teacher mentoring and support
- Consistency of the same member of staff working in the school throughout the term.

## Expression of Interest

**Our workforce can provide the following services, please indicate those areas where you would like to request a follow-up with one of our staff:**

### Sport Premium Planning, Implementation & Impact Assessment

Our support officers can work with your lead staff to develop your PE and school sport offer including your annual statement for Sport Premium funding. This includes; an audit of your current offer against the T2M framework, evaluation of current pupil attitudes and behaviour via online pupil voice survey, development planning, ongoing advice and guidance on implementation (including sign-posting to local opportunities and linking with local providers) and annual review and impact assessment.

### PE Curriculum Delivery

Our team of coaches cover a broad and balanced offer across the total range of curriculum activities. We will work alongside teachers and other staff to deliver a high quality PE experience, developing technical knowledge and skills enabling them to deliver future sessions independently with confidence. This includes lesson observation and feedback, example schemes of work and lesson plans.

### PE Curriculum Planning & Assessment

As well as delivering individual lessons our coaches would be happy to work with PE subject leaders to develop their curriculum across year groups and key stages, ensuring that it aligns to the recommended Physical Literacy Framework. We are also happy to provide advice and guidance on your assessment process.

## **Planning, Preparation & Assessment Time**

Schools struggle to provide teachers with the recommended ten per cent away from timetabled teaching time to allow them to plan and prepare lessons and assessments. This programme recognises this and even though we wish to work with teachers we can offer a fantastic opportunity to guarantee teachers have the adequate PPA time each week, while pupils benefit from a high quality PE and School Sport programme.

We can provide a package which suits your school PPA needs. This will be organised through an initial meeting when we come to the school to discuss everything from timetables, staffing and the curriculum through to the school policy's and behaviour systems. We can also fit into a carousel system with other teachers or provide additional coaches to work on a rotational basis.

\*Please note Sports Premium funding should not be used for PPA cover

## **Lunch Time Activity**

Let us help you to use this time creatively to increase children's physical activity towards the recommended weekly levels and/or provide an alternative PE lesson. We can deliver generic sessions aimed at developing fundamental skills, targeted experiences aimed at particular groups or opportunities to try non-traditional activities. With a regular coaching session scheduled, lunchtime supervision is automatically covered.

## **Extra Curricular Clubs**

These are a great way to extend and enrich a child's learning potential before and after school in a supportive, fun and secure environment. Research has demonstrated children who take part in a sporting activity before and after school can thrive in numerous aspects of their development. This can also lead to greater levels of fitness and health, our all-inclusive programme of sports and activities can progress self-confidence, teamwork and social skills. These clubs are a way to provide children the opportunity to experience new activities whilst forming friendships with other children.

It has been proven that children who take part in extra-curricular sporting activities before school are also thought to have much better concentration levels throughout the school day, and are more likely to stay alert, focused and energized.

We believe that our programme of extra-curricular activities also provides huge benefits to the school in general. Our program's also fit in with your school's values and philosophy, helping to promote healthy children and support learning and development. Parents can also be assured that their child is continuing to learn in a harmless and secure environment before and after school.

## **Holiday Clubs**

Many schools supply and run holiday activities, this programme offers you the opportunity to supply your school holiday camps with high quality coaches throughout the holidays without having to bring your staff into run them.

## **Teacher Training**

A bespoke flexible training course which provides teachers with a basic knowledge of teaching PE and School Sport and is accompanied by a resource pack that includes lesson plans, drills and information to assist in planning and delivery of high quality PE and School Sport and can be delivered in the form of a day, half day or evening session.

## Expression of Interest

We can provide the following activities please indicate preferences:

<b>Generic</b> <ul style="list-style-type: none"><li><input type="checkbox"/> FUNdamentals/Multi-Skills</li><li><input type="checkbox"/> Multi- Sports</li><li><input type="checkbox"/> Striking &amp; Fielding games</li><li><input type="checkbox"/> Invasion games</li><li><input type="checkbox"/> Net &amp; Wall games</li></ul>	<b>Foundation</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Athletics</li><li><input type="checkbox"/> Exercise to Movement &amp; Dance</li><li><input type="checkbox"/> Gymnastics</li><li><input type="checkbox"/> Swimming</li></ul>
<b>Combat</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Boxing</li><li><input type="checkbox"/> Fencing</li><li><input type="checkbox"/> Judo</li><li><input type="checkbox"/> Taekwondo</li></ul>	<b>Target</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Boccia</li><li><input type="checkbox"/> Bowls</li><li><input type="checkbox"/> Golf</li></ul>
<b>Strike/Field</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Baseball</li><li><input type="checkbox"/> Cricket</li><li><input type="checkbox"/> Rounder's</li><li><input type="checkbox"/> Softball</li></ul>	<b>Net/Wall</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Badminton</li><li><input type="checkbox"/> Squash</li><li><input type="checkbox"/> Table Tennis</li><li><input type="checkbox"/> Tennis</li><li><input type="checkbox"/> Volleyball</li></ul>
<b>Invasion</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Basketball</li><li><input type="checkbox"/> Football</li><li><input type="checkbox"/> Goal ball</li><li><input type="checkbox"/> Handball</li><li><input type="checkbox"/> Hockey</li><li><input type="checkbox"/> Netball</li><li><input type="checkbox"/> Rugby League</li><li><input type="checkbox"/> Rugby Union</li><li><input type="checkbox"/> Wheelchair basketball</li><li><input type="checkbox"/> Wheelchair Rugby</li></ul>	<b>Outdoor Adventure</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Archery</li><li><input type="checkbox"/> Canoeing</li><li><input type="checkbox"/> Cycling</li><li><input type="checkbox"/> Equestrian</li><li><input type="checkbox"/> Gig Rowing (CPGA)</li><li><input type="checkbox"/> Modern Pentathlon</li><li><input type="checkbox"/> Mountaineering</li><li><input type="checkbox"/> Orienteering</li><li><input type="checkbox"/> Roller Sports</li><li><input type="checkbox"/> Rowing</li><li><input type="checkbox"/> Sailing And Windsurfing</li><li><input type="checkbox"/> Surfing</li><li><input type="checkbox"/> Triathlon</li></ul>

## Testimonials

### **Pencoys Primary School:**

"The coaches I have booked from Cornwall Sports Partnership have been excellent. One of their coaches, Grace has been used for the CPD of our teachers; this has had a massive impact on teaching and learning. It has helped to upskill our staff in order to help them deliver outstanding PE lessons focusing on high quality physical literacy. Grace has been fantastic at adapting to the individual needs of our staff, teaching units to not only fit teacher's individual areas for development but also the curriculum coverage of their class.

I have also employed Dan to coach a football club and our football team after school. The children love these sessions and look forward to improving their skills through fun activities and games. These sessions are very popular with the children.

Both of the coaches that I have employed through Cornwall Sports Partnership are clearly experts in their field and have expertise that would be hard to find elsewhere. I have been really impressed with their highly professional attitude; they always arrive well before the start of their sessions and have quickly built a great rapport with the children, parents and staff here at Pencoys Primary Schools.

I would not hesitate to recommend Cornwall Sports Partnership and their coaches to other primary schools. Employing their coaches to deliver CPD to teachers and lead extra-curricular sport sessions for the children is a brilliant use of the PE and Sport Premium Funding".

Mike Buck  
PE Lead at Pencoys Primary School

### **Sandy Hill Academy:**

"We approached Cornwall Sports Partnership as they had been recommended by The Workplace Health. We have worked with Workplace for some time and valued their opinion. Cornwall Sports Partnership listened to our priorities and were able to suggest games and team building ideas that they thought might suit our requirements.

Our morning with the Cornwall Schools Partnership was amazing; they provided all the equipment for our four chosen sports. They set up and gave us a briefing on how to achieve. We particularly liked how both team members from the Partnership engaged with all our staff and gave some good strategies to improve our techniques.

All the staff found the team building experience to be fantastic, which was all credited to the Cornwall Sports Partnership. We would thoroughly recommend Cornwall Sports Partnership for team building days".

Natasha Gutridge  
Health & Wellbeing Champion  
Sandy Hill Academy



**Time 2 Move Advocacy video including benefits of PE and school sport:**

[https://youtu.be/\\_hwDfDpEAoQ](https://youtu.be/_hwDfDpEAoQ)

Quotes:

“The Time 2 Move document gives us all something to work towards...”

Roger Green, Head Teacher  
Biscovey Academy

“The Time 2 Move Document has been brilliant. We took one of the ideas from there. Now every Friday we have a boot camp that has worked really brilliantly”

Jenny Rainbow, Head Teacher  
Marazion School